



**YOGA EDUCATION  
IN PRISONS TRUST**

**YEPT Affiliated Teacher Agreement**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Skype name:** \_\_\_\_\_

**Teacher Training provider and hours:** \_\_\_\_\_

**Work experience:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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**Please read this agreement carefully then initial each page and sign the last page.**

## **YEPT Affiliated Prison Yoga Teacher Agreement**

YEPT affiliation is for yoga teachers currently teaching or interested in teaching yoga inside a prison in New Zealand. Teaching in prison is unlike a typical community yoga class. Clients are often highly stressed, anxious and have a range of special needs, and the operational requirements of a prison can make it challenging to run a class. Nevertheless, teaching in prison is an important contribution towards prisoner rehabilitation and can be very rewarding from a professional development point of view.

YEPT affiliated teachers ideally have:

- Yoga teaching qualification with an internationally recognised training provider
- Ideally 2 years of community yoga teaching experience post training or previous work in a related field such as counselling
- Teachers with alternative qualifications/experience will be accepted at trustees discretion)

In seeking affiliation, teachers may be asked:

- For references from your training provider or employer
- To attend a face to face or Skype interview with YEPT trustees
- To provide a written statement – outlining your yoga story, demographic of past students, places of work and why you would like to do this work

### **Benefits of becoming YEPT affiliated yoga teacher**

You do not have to join YEPT to teach yoga in prisons. However YEPT is a network whose purpose is to provide mutual support and encouragement and to share resources. Affiliated teachers will have access to the following benefits:

- Support getting a prison teaching position through our established networks
- Credibility for your offerings through use of our trademark that's backed by extensive experience and intimate knowledge of the prison environment
- Greater access to funding: YEPT teachers can apply for funding for ongoing classes or for one off expenses like mats\*
- Assistance with contract and grant applications for ongoing secure funding

- Mentoring and teacher development via regular group skype meetings
- Ready-to-go lesson plans which can be used for first term of classes
- Access to a well-tested correspondence course designed to help prisoners develop their own yoga practice
- Access to Bo Lozloff books and other shared material for students
- Reduced fees for YEPT trainings/workshops

\*YEPT endeavours to be in a position to support all teachers for their valuable work. However we are unable to guarantee long term funding to anyone at this stage. Funding will be allocated on a term by term. Travel time will be a major factor in determining the contribution YEPT makes. Unless extenuating circumstances we will require teachers to complete 10 weeks of teaching as a volunteer.

### **YEPT Requirements from Teachers**

- Maintain YEPT professional standards outlined on page 3
- Sign a YEPT Teacher agreement
- Participate in regular teaching community meetings by Skype
- Report back to YEPT with numbers attending classes and stories and anecdotes that can be used to keep our wider community support base informed
- Support/organise at least one YEPT fundraising event per year (festival stall, movie night, koha yoga class, kirtan)

## **YEPT Professional Standards:**

### **As a YEPT affiliated teacher you are agreeing to adhere to the following professional standards:**

- 1.** Before entering a prison all teachers must attend an induction programme and thereafter are required to adhere to any rules the respective prison has in place.
- 2.** As prison yoga teachers we welcome all students with respect and friendliness and do not discriminate against or refuse professional help to anyone on the basis of race, gender, sexual orientation, religion or national origin.
- 3.** We respect the privacy of our students and do not initiate conversation about or make judgment regarding their past or crimes committed.
- 4.** In keeping with prison protocols we do not give out personal contact information about ourselves to students.
- 5.** We inform students about the benefits of having a daily yoga practice and encourage them to set realistic goals for themselves.
- 6.** We provide therapeutic instruction only for problems or issues that are within the reasonable boundaries of our competence.
- 7.** We dress in modest, comfortable clothing suited to the environment in which we are teaching.
- 8.** We establish and maintain strong professional relationship boundaries at all times understanding that any form of sexual behaviour or harassment with students is unethical.
- 9.** We discourage the use of touch with our students. However it is at the teacher's professional discretion (with the knowledge and consent of relevant prison staff) to use sensitive touch to assist students into asana if deemed necessary.
- 10.** We support each other, are aware of our limitations and seek help if we find ourselves out of our depth.

### **YEPT Teacher Agreement:**

- 1.1 YEPT is responsible for all initial engagements and contracts for delivery of service to The Department of Corrections. Thereafter agreements for any service (teaching or otherwise) shall be negotiated and managed by the teacher.
- 1.2 In any circumstances where a teacher is formally approached by Department of Corrections staff with regards to any reportable matters of concern relating to the delivery of service the Teacher shall inform the YEPT Teaching Director as soon as possible after the event.
- 1.3 The teacher agrees to comply with all security requirements of the Department of Corrections.
- 1.4 The Teacher agrees to comply with all provisions of the Health and Safety in Employment Act 2016, the Health and Safety in Employment Regulations 1995 (and any subsequent amendments to this legislation) and relevant codes of practice.
- 1.5 The teacher must comply with all Health and Safety practices as per the respective prison requirements.
- 1.6 Any teacher (volunteer or contracted) is required to inform the YEPT Teaching Director should they enter into any financial negotiations with any Department of Corrections for the purpose of delivering their yoga programme.
- 1.7 Should the teacher require YEPT funding to carry out this work they must apply in writing to the Director of Teaching who will then seek funding on the teachers behalf from the Trustees.
- 1.8 Teachers may apply to YEPT Trustees for funding. Allocation of funding is at the discretion of the Trustees. Contracted teachers will be required to sign an additional contractor's agreement, thereby taking full responsibility for tax on income earned while being supported by the Trust.
- 1.9 For the duration of their contract, teachers are required to advise the Trust should they be offered any form of financial support from the Department of Corrections or any other independent body for the purpose of supporting the contracted programme. The YEPT contracted rates will then be renegotiated based on the additional funding available. The teacher may however receive outside funding for additional, non-contracted classes, but must advise the teaching director.
- 1.10 Any material developed by the teacher (whether it be literary work or artistic work) developed solely by him/her or partly in conjunction with other Trustees, employees or teachers with the financial support of YEPT becomes Trust property with respect to copyright law.
- 1.11 Throughout the engagement the teacher shall have access to information relating to the environment and activities of the prison and information with regards to individual prisoners. This shall remain confidential to the teacher and the Trustees of YEPT throughout the duration of the engagement and thereafter. The teacher shall not disclose any such information to any third part without the express written consent of the Trustees of YEPT.

- 1.12 Under no circumstances, unless prior agreement in writing has been obtained from the trustees of YEPT, shall the Teacher make any comment, statement, release or other communication to the media relating to the provision of the Services or to any matter arising out of the provision of the Services.
- 1.13 The teacher is required to attend regular Skype meetings with other prison yoga teachers for support and professional development.
- 1.14 The teacher will keep a record of numbers attending each class for collation by the Trust.
- 1.15 YEPT may suspend or terminate the Agreement by notice in writing to the Teacher who shall immediately make arrangements to stop the Services within the timeframe as directed by the Trustees.
- 1.16 The Teacher may suspend or terminate the Agreement by giving 2 weeks written Notice to the Trustees.

Signed (Teacher):

Date:

Signed (YEPT Trustee):

Date: